

PROTECT YOUR TEEN

MONITOR—SECURE—TAKE IT TO THE BOX

20% of people, 12 years and older, have abused or misused prescription medication in their lifetimes. Most teens, who report abusing prescription medication, get these drugs from friends and relatives, at times without the person knowing.*

Monitor:

- Know how many pills are in your medication bottles.
- Note your refills and your teens. Ask yourself if you are refilling medications more often than expected.
- Talk to friends and family members about the importance of monitoring their medications.**



Secure:

- Secure your medication like your valuables.
- Lock them in a medicine cabinet or a home medication lock box to limit access.
- Encourage relatives and friends to do the same.**

Take it to the Box:

- Do not flush the medications unless the medication packaging says otherwise.**
- Dispose all unused, unwanted and/or expired medications into the **MEDICATION DROP BOX** at the Enfield Police Department.
- Tell your relatives and friends about the box!



*National Institute on Drug Abuse

**Partnership at drugfree.org